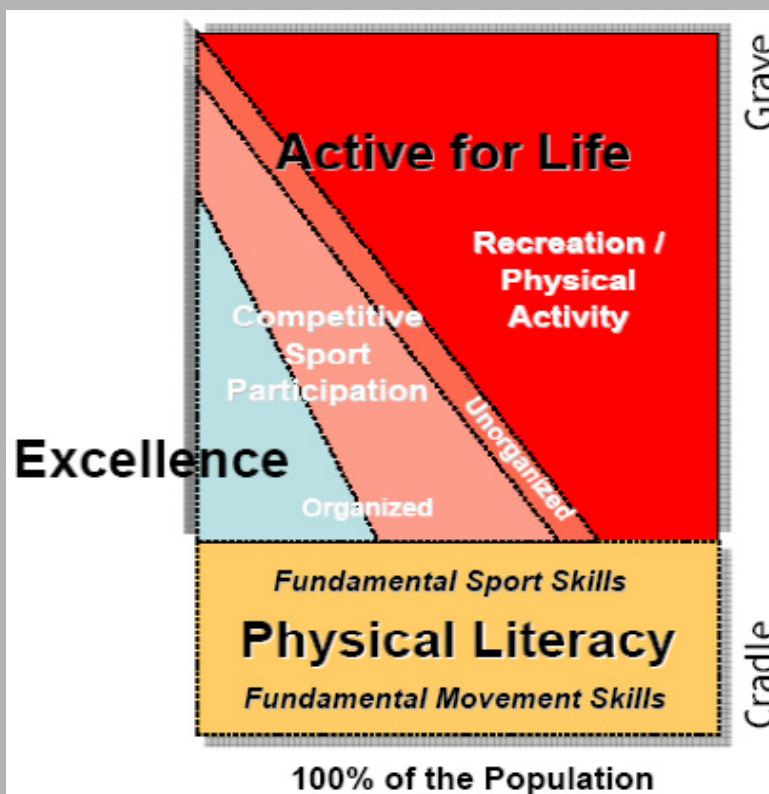
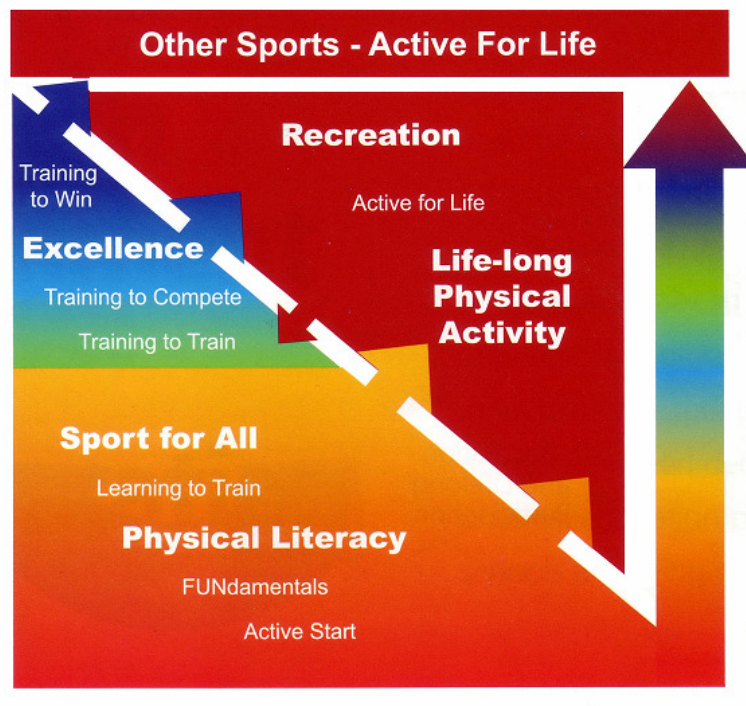


Figure 3 Participation In Lifelong Physical Activity (Way et al, 2005)



VACNet

Companion Document to the Active Communities Vancouver Report

November 13, 2007

Goal: To ensure the widest possible implementation of the goal to increase activity levels of all citizens by 20% by 2010

As directed by Council, the Vancouver Active Communities Network (VACNet) is reporting on the Active Communities Vancouver initiative.

We propose the following recommendations under the three key themes:

- Positive Ticketing
- Sports Infrastructure
- Programming

Theme One – Positive Ticketing Initiative

Lead steering committee member

- Julie Marzolf

Key Message

Youth can be motivated and encouraged towards active lifestyles through positive reinforcement for good behaviour. People who operate in positions of authority can be instruments of change through “tools” like swim/skate passes, admission to sports and other healthy options for living.

Active Communities Vancouver is working in partnership with the Civil City initiative and other VACNet partners to develop a program of positive ticketing. This program will focus on rewarding good citizen acts and behaviour by providing free tickets and passes to active programs such as public swimming and skating sessions as well as, sports events including baseball, soccer, basketball and football. The emphasis of this program will be to recognize good citizen acts and provide the police and other City staff with the tools to reinforce and recognize good citizen behaviour through positive incentives. The program is being planned and will be piloted with Park Board Youth Workers and a division within the Vancouver Police Department.

The key components of this plan would consider:

- acquiring free sport arts and culture tickets from the City and professional sports arts and cultural organizations
- swim, skate and golf passes from the Park Board
- Civil City training of leaders to administer the
- Civil City Appointment of “Kids Up Front” as ticket distributor for Civil City allocation of tickets and passes
- Distribution of some Olympics tickets as part of the inclusivity program

Recommendation

Endorse the concept of pursuing a VACNet positive ticketing initiative that partners with Civil City and the VPD in order to benefit from the strength of all parties working towards the same objective.

Further action items include:

- Continue the dialogue already explored with Civil City Committee, VPD representatives and youth community partnerships towards a workable and valuable program that has potential for broad participation, support and implementation.
- VPB and City Council advocate for the value and benefits to be derived from Sport in a Civil City.
- The City continue the current paradigm shift in how public monies are spent to improve health, recreation sport and social services outcomes for all citizens. This entails a movement from a treatment deficit sickness model of independent silos of service delivery to a proactive integrated delivery system across public departments further enhanced by partnerships with all levels of government, corporate, philanthropic and NGO entities.

Theme Two – Sports Infrastructure

Lead steering committee members

- Cheryl Taunton,
- Ajay Patel
- Dr. Robert Sparks (Active Living Infrastructure)
- in cooperation with PacificSport Vancouver, Sea to Sky, Canadian Sport Centre Pacific, VANOC, Legacies NOW, Sport BC, Rowing BC and various Professional Sports Organizations

Key Message

Sport is an integral aspect both of active living and in helping the City achieve the goal of “20% More Activity By 2010”. One of the most significant methods of increasing and sustaining an active lifestyle is to build and maintain a strong sports infrastructure. This is particularly true for team field sports. To address the needs of athletes in Vancouver, additional infrastructure is necessary to meet the growing demand. A preliminary review was conducted to identify the extent to which the sports facilities of the Park Board can support the Long Term Athlete Development (LTAD) continuum from Active Start, Fundamentals, and Learn to Train, Train to Train, Train to Compete and Train to Win. In certain sports, such as baseball, cricket, rugby, softball and tennis top-level international competition has been, and can be, held at Vancouver Park Board facilities. Other sports such as track, soccer, speed swimming and ultimate have less than ideal facilities for the top end of the “LTAD” continuum (See Appendix 2). VACNet will continue to support the VPB and their partnering with PacificSport to implement the action plan for both improved health outcomes and sport performance outcomes of the Canadian Sport Life framework for the City of Vancouver.

The Sport Strategy task force is in the process of identifying ways and means that the City and Park Board can work together with other civic organizations and adjacent municipalities to ensure an extensive sports infrastructure that supports the LTAD continuum for all Citizens to incorporate “Sport for Life” into their active lifestyle. Sport for Life does not define sport as elite sport; it does not define health as sickness rather based on the accumulated body of sport science

it redefines our joint efforts to ensure the Output (fiscal and human) for health, recreation and sport is less than the health, social, sport performance and economic Outcomes we want to see in our society.

Recommendation

Recognize and value the potential for “public/private” partnerships as a means of building and maintaining the infrastructure we need to increase in participation in active living.

Recognize that definitions have been barriers to progress active living does include sport and that sport includes active living and we have to marry recreation with sport through Active Communities to build the municipal trust needed to work across silos to achieve better health and sport outcomes

Further action items include but are not excluded to this dynamic list

- Continue Development of Trillium as a top quality soccer complex
- Continue Development of a quality South East False Creek Boathouse
- Accelerate Development of a waterfront stadium
- Accelerate Development of more multisport artificial turf fields
- Redevelop Andy Livingstone Park
- Develop and upgrade mini-soccer fields in Mount Pleasant
- Upgrade field maintenance support citywide
- Register need for a quality track and athletics facilities in Vancouver
- Register need for a high performance training site
- Post Olympic planning for Hillcrest facilities
- Build an international quality pool for speed swimming, synchronized swimming, water polo and diving
- Arrange better access to school gymnasiums for indoor team sports
- Develop a basketball and fitness training centre for youth;
- Widen Burrard Street bridge
- Continue to Improve cycling routes (paving and traffic calming)
- Continue to improve sidewalks for walking to prevent tripping on uneven surfaces
- Build more soft surface trails including a 10 K. soft-surface urban trail from Langara to Hillcrest Park
- Enforce bicycle helmet safety legislation
- Maintain painted bike lines and painted crosswalk lines
- Provide bicycle lockers downtown
- Provide more thick tube bike racks
- Provide more walk routes with coloured cement signage
- More signage when walking up stairs in downtown office buildings

Theme Three – PROGRAMMING

Committee leads

- Craig Sheather
- Gulshan Lalani (Diabetes Awareness)
- Rhonda Alvarez – Aboriginal and Homeless Outreach
- Barbara Crocker
- Dick Woldring – Leadership Training

Key Message

In order to meet the “20% more active by 2010” goal, it is imperative that there are programs that will invite broader participation. A number of initiatives have been developed in order to improve the health and social outcomes for Vancouver’s citizens.

Recommendation

Continue to find ways of providing outreach programs and new initiatives that focus on promoting health and active lifestyles in ways that attract Vancouver’s vulnerable population and youth who are forming lifelong habits.

Further actions items to include:

- Continued City support for the Open Door outreach of Helping Spirit Lodge Society and the Street Soccer Program
- Support for Kids Up Front providing attendance at sporting events
- Support for Grants for basketball camps soccer led by aboriginal leaders
- Support for Red Fox Waking grant needed from UBCM
- Keep building the bridges with Vancouver Coastal Health (YMCA has a Partnership) to host diabetes awareness screening events
- Teamwork among agencies to support the Vancouver Southeast area
- Work with the Vancouver East Diabetes Prevention Committee to engage Community Centres
- Continued support for the Ismaili Partnership Walk
- Remove junk food from Community Centers without losing revenue (for example; Dasani water instead of coke given VPB Coca Cola contract)
- Integration of healthy families materials with adventure passport programs
- Increase Urban farming/gardens 30% by 2010
- Funding of Active Adventure Passport as it expands to include health food choices and pilot programs (healthy snacks)
- Build and fund leadership training into program development

In summary

The VACNet steering committee thanks Vancouver City Council for the opportunity to provide meaningful input and recommendations towards a fitter and increasingly “liveable” city. We look forward to collaborating as we work towards these ambitious and achievable goals.

Appendices

- Appendix 1 - Why 20% by 2010
- Appendix 2 – City of Vancouver –Active Infrastructure Review
- Appendix 3 – Vancouver Park Board – Sports Infrastructure



Appendix 1

Key Background Information: Why 20% more active by 2010?

ROMANOW Report

On November 28, 2002 the Commission on the Future of Health Care in Canada delivered its Final Report to Canadians. Royal Commissioner Roy Romanow QC delivered a report that was aimed at shifting our attitudes and behaviors and the ways in which we deliver health care from a medical treatment/sickness/deficit model to a “preventative health” model.

- **Recommendation 22** prevention of illness (reduce tobacco use, obesity)
- **Recommendation 23** improve physical activity of Canadians

Canadian Sport for Life

Following on the Romanow Report, Stephen Owen, then Minister of State for Sport, made a bold move.

He recognized that during the 1960s **a new field of sports science had emerged and blossomed across major universities world wide.**

The aim of this field of sports was to study the human body and how it functions dynamically.

The accumulation of sport science knowledge was directed at improving BOTH health outcomes and sport performance outcomes, two areas Canada seriously had to pay structural and fiscal attention to in order to achieve better economic benefit for the public dollars spent on BOTH health and sport.

The Minister wanted to develop a framework that could integrate federal, provincial and municipal jurisdictions and delivery systems to achieve two double- barrelled goals

- **improved health outcomes across Canada**
- **improved sport performance opportunities across Canada**

The *Canadian Sport for Life* document based on the accumulated knowledge of sports science resulted. This document has been distributed widely in our City and province to unite our efforts to reach better health and performance outcomes.

“Act Now! BC” and the “20% More Active by 2010” Challenge

In BC “Act Now! BC”, was mandated to work across all Ministries to improve health outcomes, has over the summer recognized the importance of working with the sports scientists in PacificSport to deliver messages based on *Canadian Sport for Life* that in turn can shape our society to adopt new attitudes and behaviours, new definitions of BOTH health and sport.

Antecedent to VACNet: Steering Committee Members Implementing *Canadian Sport for Life*

Members of the Steering Committee have been engaged with many international federal, provincial, regional and local efforts to inject sports science into our political decision-making.

The toughest challenge has always been the way we have defined both health and sport which, in turn, governed the way we delivered these services separately from each other and recreation.

Federally medical treatment (health) and elite sport (sport) were separated from each other and provincial jurisdictions followed suit.

Municipalities felt they had no responsibility to health or sport in the way government funding and spending was structured. Yet health, sport and recreation are connected to each other once we get into the “preventative health” domain.

The need for integrating these delivery systems has been evident for some time. Implementing new plans and strategies requires lots of sensitivity and respect because things do take time to change and human beings are, typically, by nature resistant to change.

This does not match with the need for politicians to get results in a very short time period to show the electorate they deserve to be re-elected based on their performance record.

Fortunately with all of our provincial and municipal elected officials we are hearing from politicians who are taking a longer view and are mindful of the waterfall of cascading health and social costs. These politicians are taking a risk in being willing to step back and commit to seeing improved outcomes from investing in “preventative health”. VACNet has been supporting these politicians.

Health was defined as the well-being of individuals and communities (WHO 1947 definition). This is the underlying goal of Active Communities and the 20% more active by 2010 challenge VACNet wants to see extended well beyond 2010.



Appendix 2

CITY OF VANCOUVER ACTIVE INFRASTRUCTURE REVIEW

City of Vancouver

The City of Vancouver spans 11,471 hectares and in 2006 had a population of 578,041. In the past five years, the City's population has grown 5.9%. Over a 20 year period, the City's population has grown 33.7%. On average, there are 5,039 residents per square kilometre. The direction and vision for the City is contained in "CityPlan: Directions for Vancouver's Future". [[CityPlan: Directions for Vancouver](#)]

Vancouver Park Board

Strategic Plan for the Park Board

The Vancouver Park Board has a number of Master Plans and policies to address the Active Communities needs of citizens. The Strategic Plan for 2005-2010 outlines the overview strategy goals and vision of the Park Board. This document emphasizes the key themes of: Greening the Park Board; Engaging People; Working Together; Managing Resources and Meeting Future Challenges. [[Strategic Plan](#)] -May 6, 2005 [[Appendix A](#)]

Current Park Board Infrastructure

The Park Board has developed a series of master plans to support Vancouver residents and visitors becoming more active. These policy reports are available to the public on the Park Board's public web site at [[Park Board Meetings and Reports](#)]

The primary recreation infrastructure initiatives are implemented through the Park Board Capital Planning process which occurs in three year cycles. Attached are the past and current Park Board Capital plans.

[[Draft Allocation - 2006-2008 Capital Plan](#)] June 23, 2005
[[Appendix A](#)] Council report: 2006 - 2008 [[Appendix B](#)] -Capital Plan Public Feedback Summaries
[[Appendix C](#)] - Park Board Capital Plan 2006 - 2008
[[2003 - 2005 Capital Plan](#)] October 1, 2002 [[Appendix 1 - 2003-2005 Capital Plan](#)]

Parks

There are more than 200 public parks in the city of Vancouver. The Park Board maintains approximately 400 playing fields and sports courts, 150 playgrounds structures, 180 tennis courts, 130,000 street trees and several hundred kilometres of walking and jogging trails.

The Vancouver Park Board's Master Plan policies for public parks are outlined in the following reports:

Park Land Acquisition Strategy

The 200 parks in Vancouver have a total area of 1,302 hectares. This amounts to 11.4% of the total land area in the City. The goal of the Park Board land-acquisition strategy is to maintain 1.1 hectares of park space for every additional 1,000 new residents. The Staff report dated January 23, 2006 recommended that the Board receive the report entitled "Park Land Acquisition Strategy for Vancouver - Draft for Discussion" and instruct staff to undertake a public consultation process to obtain feedback on the draft strategy. [[Park Land Acquisition Strategy](#)] [[Appendix A](#)]

Waterfront Inventory

The waterfront inventory examines the character of Vancouver's waterfront and its value as a natural, recreational and cultural resource. It provides an overview of the activities, opportunities and challenges.

<http://vancouver.ca/parks/environment/pdf/WaterfrontInventoryMarch07.pdf>

Community Gardens

Vancouver Park Board provides many gardening opportunities at selected local parks. The gardens are operated in cooperation with local gardening organizations that partner with the Park Board to maintain the gardens.

[[Community Gardens Policy Review and License Agreement Renewals](#)] (Sept. 2005)

[[Appendix 1](#)] - Community Gardens Policy (Approved 1996)

[[Appendix 2](#)] - Community Gardens in Vancouver Parks

[[Appendix 3](#)] - Community Gardens Policy (Revised September 19, 2005)

Off-Leash Dog Areas

The Park Board has developed several park locations where people can exercise with their dogs off-leash. These areas have been contentious for the Park Board over the past seven years. The initial pilot project was conducted in November 1997 and the most recent report was in October 2005. During that time, there have been 15 Park board reports about the expanding dogs-off leash program.

<http://vancouver.ca/parks/info/dogparks/index.htm>

[[Improvements to Dog Off leash Program](#)] Oct. 18, 2005 [[Appendix A](#)]- Criteria for Off Leash Dog Sites

[[Dogs Off Leash in Parks](#)] April 26, 1999

[[Dogs on Parks Pilot Project](#)] November 13, 1997

Outdoor Sports Facilities and Playing Fields

There are 290 public playing fields and 354 diamonds in the City of Vancouver. The VPB has 129 fields and 139 diamonds while the VSB has 161 fields and 215 diamonds. The Park Board Playing Field Renewal Plan dated July 2, 2002 outlines the inventory,

maintenance and development strategies for these resources. The Playing Field Renewal Plan is a reference for future capital funding opportunities, and for decision-making in relation to field maintenance and allocation. [[Playing Field Renewal Plan](#)] [[Plan - Part I](#)] [[Plan - Part II](#)]

Ball Hockey Sports Courts

There are 16 outdoor asphalt ball hockey courts in Vancouver parks. This number includes eight adult size ball hockey courts, two children's courts and four ball hockey courts that overlap with basketball. The adult size ball hockey courts are located at Brewers, Cedar Cottage, Clark, John Hendry, Oak, Queen Elizabeth and Sunset Beach Parks. The children's courts are at Clark and General Brock parks. The four combination ball hockey and basketball courts are located at Garden, Grays, Robson, and Sutcliffe Parks. There are also two lacrosse boxes at Memorial South and Renfrew parks.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=52&keyword=&fuseaction=FAC.FacilityList&from_form=1

Baseball Diamonds

There are 65 baseball diamonds maintained by the Park Board. These diamonds include:

- seven adult baseball diamonds with 90 ft. base paths and 300 ft. outfields
- six intermediate baseball diamonds with 80 ft. base paths and 250 ft outfields
- 28 Little League baseball diamonds with 60 ft. base paths and 200 ft. outfields.
- 24 T-Ball diamonds with 45 ft, base paths

city.vancouver.bc.ca/parkfinder_wa/index.cfm?nb=all&ftype=1&keyword=&fuseaction=FAC.FacilityList&from_form=1

Basketball - Outdoor Courts

There are 44 outdoor basketball courts maintained by the Park Board. Of this number, 25 are full size courts (84x 50 ft. or more), 14 are ½ size courts and five are junior courts with eight foot hoops.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?nb=all&ftype=31&keyword=&fuseaction=FAC.FacilityList&from_form=1

Cricket

There are 7 cricket pitches in Vancouver. They are located on Balaclava, Connaught, Douglas, Memorial South, Stanley and Trafalgar Parks.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?nb=all&ftype=7&keyword=&fuseaction=FAC.FacilityList&from_form=1

Disc Golf

The Park Board is responsible for two disc golf courses which are located at Queen Elizabeth and Quilchena Parks.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=49&keyword=&fuseaction=FAC.FacilityList&from_form=1

Outdoor Fitness Circuits

There are three outdoor fitness circuits in Vancouver parks. They are located at Carnarvon, China Creek and Douglas parks.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?fuseaction=FAC.FacilitySearch

Football Fields

There are five tackle football fields in Vancouver parks. The three full sized grass fields are located at Carnarvon, Gordon and Rupert parks. The full size artificial turf field at Andy Livingstone. There is a ½ sized practice field is at Renfrew Park.
city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=10&keyword=&fuseaction=FAC.FacilityList&from_form=1

Lacrosse Boxes

There are two outdoor lacrosse boxes which are located on Memorial South and Renfrew parks.
city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=15&keyword=&fuseaction=FAC.FacilityList&from_form=1

Rugby Fields

There are 11 rugby fields on Vancouver parks. The top quality facilities are at Balaclava, Connaught, Gordon and Stanley (Brockton) parks.
city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=25&keyword=&fuseaction=FAC.FacilityList&from_form=1

Sand Volleyball

There are 40 designated sand volleyball courts on Vancouver Beaches.
city.vancouver.bc.ca/parks/rec/volleyball/vballbch.htm

Skateboard Facilities

The Park Board has developed seven skateboard facilities in Vancouver. Current skateboard sites include China Creek South, Coopers, Downtown Skateboard Plaza, False Creek, Hastings, Quilchena and Strathcona Parks.
city.vancouver.bc.ca/parks/rec/skateboard/index.htm?CFID=545821&CFTOKEN=20516535

[Development of a Downtown Skateboard Facility - Quebec and Union Streets]

[Appendix A] Skateboard facility location and connecting route to Skytrain

[Appendix B] - Skateboard facility site; [Appendix C] - Skateboard 'plaza' concept plan

Soccer Fields

The Park Board maintains 96 soccer fields. This includes 26 mini soccer fields for children and 70 soccer fields for youth and adults. The seven top soccer fields in the city are located at Adanac, Hastings, Kerrisdale and Memorial South parks.
vancouver.ca/parkfinder_wa/index.cfm?ftype=26&keyword=&fuseaction=FAC.FacilityList&from_form=1

Softball Diamonds

The Park Board maintains 74 softball diamonds. This included 14 top quality diamonds at Columbia, Connaught, Gordon, Hastings, Memorial South and Montgomery.
city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=27&keyword=&fuseaction=FAC.FacilityList&from_form=1

Tennis

The Park Board maintains 180 tennis courts throughout city parks. The top quality facilities are the 6 premier courts at Stanley Park. There are 32 other courts that have the necessary dimensions and surface quality to support a high level of play
city.vancouver.bc.ca/parkfinder_wa/index.cfm?fuseaction=FAC.FacilityList&ftype=28

Track

There are 6 tracks in the Vancouver Park Board system. The best quality track is at Kerrisdale Park.
vancouver.ca/parkfinder_wa/index.cfm?ftype=43&keyword=&fuseaction=FAC.FacilityList&from_form=1

Ultimate Fields

There are 18 Ultimate fields maintained by the Vancouver Park Board. The top quality ultimate fields are the three fields at Winona Park.

www.city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=51&keyword=&fuseaction=FAC.FacilityList&from_form=1

Playgrounds

There are over 115 playgrounds in the Vancouver Park Board system.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=22&keyword=&fuseaction=FAC.FacilityList&from_form=1

Wading Pools and Spray Pools

There are 25 wading pools and 12 water spray parks located throughout the City.

city.vancouver.bc.ca/parkfinder_wa/index.cfm?ftype=46&keyword=&fuseaction=FAC.FacilityList&from_form=1

Facilities

The Vancouver Park Board administered 23 community centres, nine indoor and six outdoor swimming pools, eight ice rinks, three 18-hole golf courses and three pitch-and-putt courses. The Master Plans for the development and maintenance of these facilities are outlined in the following Park Board Master Plan reports:

Aquatics

There are nine indoor and six outdoor public-swimming pools in Vancouver. These Park Board aquatic facilities are guided by the Aquatic Services Reviews of Nov. 11, 2001; Feb. 25, 2002; 1, 2005; and June 25, 2007. The following reports outline the comprehensive strategy to reconfigure the City's aquatic services and facilities:

city.vancouver.bc.ca/parks/rec/pools/index.htm

[[Aquatic Program Review](#)] Staff report dated June 13, 2007 recommending that the Board approve recommendations A and B. [[Appendix 1](#)] - Aquatic Program Review, June 2007

[[Aquatic Services Renewal Plan Update](#)]. Oct 31, 2005

[[Aquatics Program Study - Indoor Pools](#)] April 1, 2005

[[Aquatics Services Review](#)] February 25, 2002 .

[[Appendix A - Executive Summary](#)] Appendix B [[1](#)][[2](#)][[3](#)][[4](#)]

[[Aquatic Review](#)] November 11, 2001 [[Appendix A](#)]

Community Centres

There are 23 community centres in Vancouver and the Park Board has developed a comprehensive Long-Range Community Centre Renewal Plan to address the needs of this aging infrastructure. The Staff report dated November 6, 2001 is one component of a more wide ranging commitment to longer range capital planning:

[[Long-Range Community Centre Renewal](#)] [[Community Centre Renewal Plan](#)]

The Vancouver Park Board works with local community association partners to jointly deliver local recreation services. This partnership is encompassed in the Joint Operating Agreements with each local association. The report on June 13, 2005 reviews the scope of this partnership:

[[Joint Operating Agreement Task Force Final Report](#)]

Fitness Centres

There are 24 Fitness Centres in Park Board facilities. The Park Board supervised 11 of these facilities and local associations supervise 13 sites. These Fitness Centres comprise a total area of 44,780 sq. ft. of floor space. On an annual basis, the Park Board and local associations spend in excess of \$100,000 on fitness equipment replacement. city.vancouver.bc.ca/parks/rec/fitness/index.htm

Marinas

The Park Board operates two of the eight marinas in False Creek. The two civic marinas are the Burrard Bridge Civic and Heather Civic Marinas.

http://vancouver.ca/parks/board/2007/fin070122/burrard_marina_presentation.pdf

Ice Rinks

The eight ice rinks in the City are guided in their policy development, long range capital planning and management structure by the following Ice Rink Policies:

[Centralized Ice Allocation] May 27, 2004 [Appendix 1]

[Ice Allocation Policy - Financial Sustainability] March 2, 2004 -Ice Rink Fees and Charges

[Appendix A and B] -Ice Rental Schedule

[Ice Allocation Policy] July 11, 2003 - Ice Allocation Report

[Appendix A] - Rink Task Force 2003 Report; [Appendix B] - Proposed Ice Allocation Policy

[Appendices C & D] - Ice Rink Programming Policy (1989) and Ice Allocation

[Ice Rink Policy Review] February 6, 2001

[Ice Rink Subsidized Rates and Programming Policy] February 12, 1999

City Transportation Greenways and Bikeways

The City of Vancouver through the Engineering department has developed a comprehensive system of transportation corridors to facilitate movement throughout the municipality. [<http://vancouver.ca/engsvcs/transport/plan/index.htm>]

Bikeways and Greenways

The City's Bikeways and Greenways are well documented on the attached web sites.

[[Bikeways and Greenways](#)]

<http://vancouver.ca/engsvcs/transport/cycling/routes.htm>

Blue Ways

Vancouver is known worldwide for its spectacular waterfront setting.

[<http://vancouver.ca/engsvcs/streets/blueways/index.htm>]

Greenways -Citywide

The City of Vancouver has developed a citywide greenways program with 16 routes that span the City. [<http://vancouver.ca/engsvcs/streets/greenways/city/index.htm>]

Greenways -Neighbourhood

In addition to citywide greenways, the City has a neighbourhood greenways initiative to responds to local needs.

[<http://vancouver.ca/engsvcs/streets/greenways/neighbourhood/index.htm>]

“One Day” Initiative

The City's “One Day” initiative is about health, fitness and wellbeing. Walking and cycling are easy ways to stay fit, lose weight and help cut down on the amount of energy we use. [http://www.onedayvancouver.ca/take_action.php?itemId=47]

Walking Tours

Popular Vancouver walking tours are featured on the City's "Step-Out" walking page. [[Step-Out Walks](#)]

Future Infrastructure Projects Supporting Active Communities

The Park Board is currently developing additional master plans to support residents and visitors in achieving and maintaining healthy lifestyles. Current and future plans include:

- Development of Olympic size ice rinks at Trout Lake and Killarney CC
- Construction of the Olympic curling rink and swimming pool by Nat Bailey Stadium
- Renewal Plan for Stanley Park
- Waterfront Access
- Sports Strategy Development
- Aquatic Renewal Plan
- Skateboard Strategy.
- Plans to construct three new artificial turf fields, one by Vancouver Technical School and two at Trillium Park.

The Olympic legacy projects will provide active infrastructure amenities long after the 2010 Olympic games are concluded. The two Olympic size ice rinks and the new aquatic facility at Hillcrest park will benefit City residents for decades.

The new artificial turf fields on the Trillium lands will provide a top quality soccer venue. This new project will also include excellent ancillary amenities which will enable this facility to support regional and provincial soccer events.





Appendix 3

Vancouver Park Board Sport Infrastructure

The Vancouver Park Board has a wide range of sports infrastructure that enables the visitors and residents of Vancouver to maintain healthy active lifestyles. A sports continuum of active infrastructure provides the opportunity for citizens to be “active for life”. They can develop skills in their chosen sports and attain high level of proficiency. This report outlines the quantity and relative quality of the Vancouver Park Board active infrastructure from the perspective of several key sports.

To assess the quantity and quality of various sports infrastructures, facilities were graded by assessing their ability to contribute to the various levels of the Long Term Athlete Development (LTAD) model.



[_Oct%207.pdf](#)

This report identifies key sports and the current quantity and quality of the Park Board’s active infrastructure that supports participation in those sports. The facilities selected include those that support sports identified by PacificSport as a high priority for Vancouver.

This preliminary review is a baseline starting point for the Park Board to assess the quantity and quality of existing sports infrastructure in Vancouver. It also identifies what sports activity the Park Board can support at top levels of competition (i.e. provincial, national and international levels).

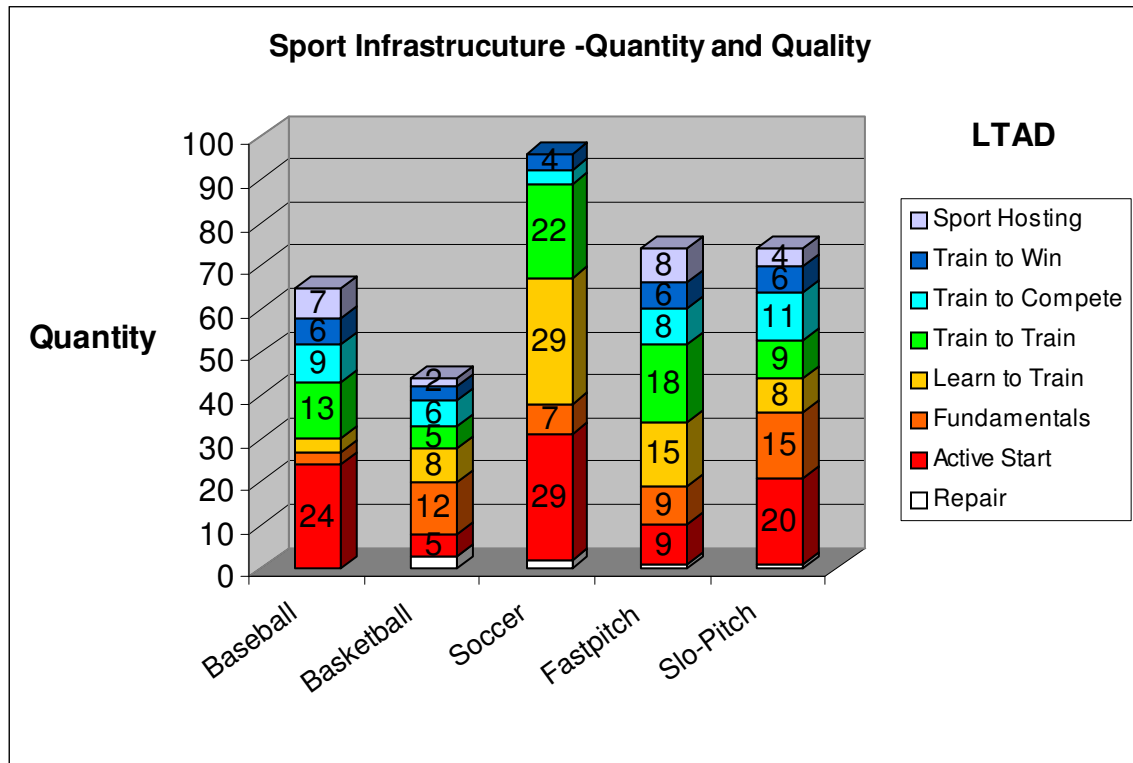
The following sports and the related Park Board active infrastructure were reviewed:

Ball Hockey - outdoor courts	16
Baseball Diamonds	65
Adult diamonds = 7	
Youth diamonds = 6	
Little League (8-12) = 28	
T-ball diamonds = 24	
Basketball -outdoor courts	44
Cricket Pitches	7
Field Hockey Pitch	4
Football Fields	5
Hockey Rinks	8
Rugby Fields	11
Soccer Fields	96
Regulation size = 70	
Mini soccer fields = 26	
Softball Diamonds	74
Swimming Pools	15
Indoor = nine	
Outdoor = six	
Tennis Courts	180
Tracks	6
Ultimate Fields	18

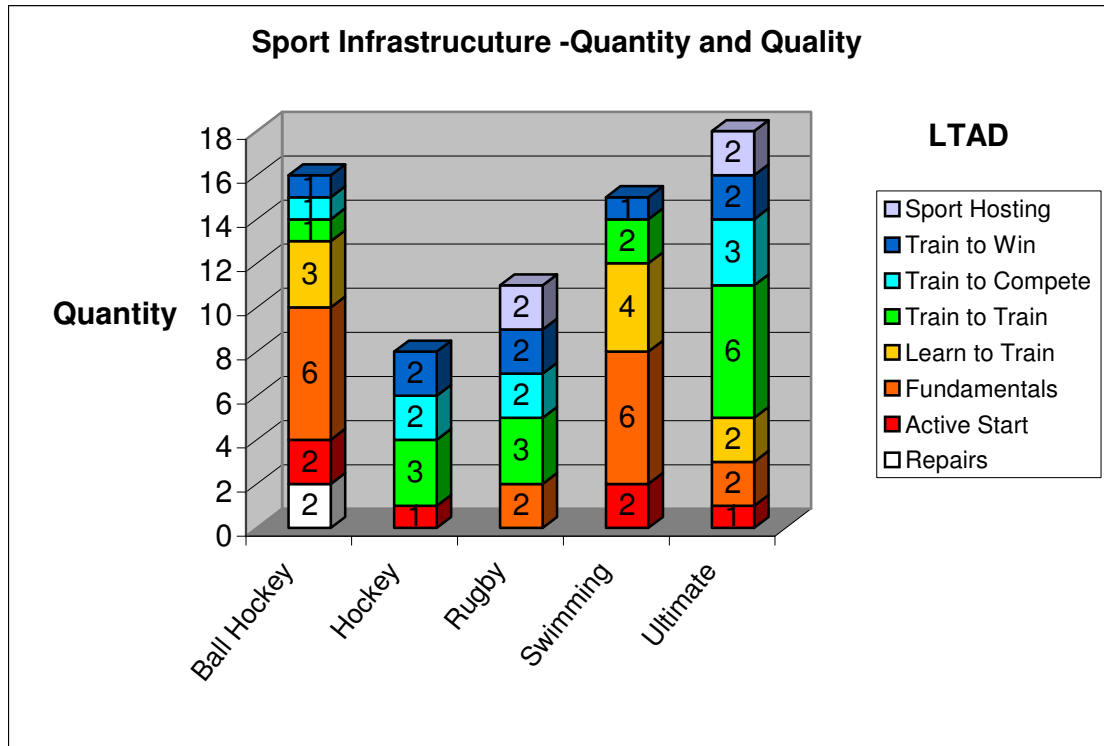
Active Infrastructure - Vancouver Park Board Facilities

The following three graphs summarize the Park Board's infrastructure in several key sports. The top level of the graphs identifies the number of excellent facilities and indicates the ability of the Park Board to host high level sport competitions.

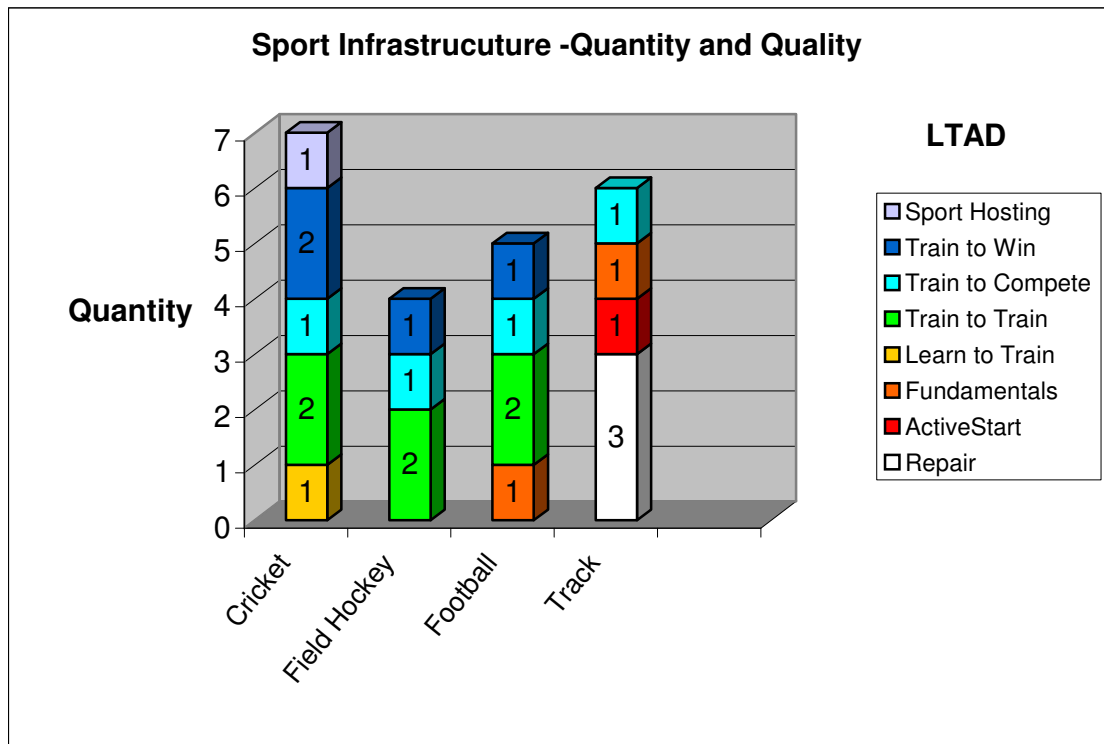
The following graph highlights: baseball, outdoor basketball, soccer, softball - fastpitch, softball - slo-pitch.



The following graph highlights: ball hockey, ice hockey, rugby, swimming, and ultimate.



The final graph highlights: cricket, field hockey, football and track (athletics).



Conclusions

This sports infrastructure review is only a starting point for assessing the relative quantity and quality of Vancouver sports infrastructure. To fully assess the infrastructure capacity of Vancouver will require a more extensive review of all sports facilities within the City.

Through the Vancouver Park Board, the City of Vancouver can facilitate a wide range of sports that support citizens as they progress along the stages of the LTAD continuum. In most sports, there are a large number of support facilities to enable citizens to progress through the early stages of the LTAD continuum, active start, fundamentals, and learn to train.

At the top end of the Park Board sports infrastructure, the ability to support high level competition varies depending on the sport. The Park Board has in the past, and can in the future, support top-level national/international sports events in baseball, cricket, rugby, and tennis. The Vancouver Park Board does not currently have the sports infrastructure to support top-level national sports events in track, soccer, speed swimming, and ultimate.

Vancouver is a world-class metropolis. The greater Vancouver region should have the infrastructure capability to support a wide range sports at the top national and international levels. To fully assess the city's sports capacity and ability to support the top levels of the LTAD continuum will require a comprehensive "Sports Strategy" that assesses the regional sports infrastructure from several sources:

- Other government sports facilities in the city
- Other civic organization such as the Vancouver School Board,
- Other not for profit Vancouver organizations;
 - o YMCA, YWCA, Boys and Girls clubs, etc
- Private sector sports infrastructure in Vancouver
- "Train to Win" sports facilities at UBC
- "Sport Hosting" facilities in neighbouring municipalities

The City and regional partners should give priority to creating "train to compete" and "sport hosting" facilities in popular sports and those sports targeted by PacificSport as primary goals for Vancouver. Sports infrastructure that should be given a high priority includes: athletics (track and field), soccer, speed swimming, and Ultimate.