



**Seniors Fitness in Parks**  
*Excerpted from Minutes 2016-10-03*

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MOVED by Commissioner Kirby-Yung  
SECONDED by Commissioner Evans

WHEREAS:

1. The Vancouver Park Board has a mandate to provide recreational services that are inclusive and welcoming to all;
2. Seniors are a growing demographic in the City of Vancouver;
3. The Park Board has been taking steps towards expanding services to seniors including the build of the new Killarney Seniors Centre, hosting a Community Dialogue engagement session, and Board direction to develop a comprehensive strategy that addresses how seniors can be best served and supported by Park Board facilities and programming;
4. By 2041, Vancouver's population aged 65-74 is expected to increase by 74% and age 75 plus by 105%;
5. The Park Board needs to adapt programming and facilities design in concert with changing demography in Vancouver;
6. Memorial Park South has an active group of cross-cultural seniors that gather daily for fitness and exercise in the park and;
7. There is a call from the community to add senior suitable exercise equipment in Memorial Park South; a petition with excess of 1,500 resident signatures has been received.

THEREFORE BE IT RESOLVED:

- A. THAT the Vancouver Board of Parks and Recreation direct staff to review potential opportunities to install senior friendly fitness equipment in Vancouver parks.
- B. THAT staff give consideration to engaging stakeholders such as seniors' associations, community centre associations, Seniors' Advisory Committee, and Persons with Disabilities Advisory Committee as may be beneficial;
- C. THAT staff report back to the Board with options for installation of such equipment, including giving due consideration to an initial pilot installation at Memorial Park South.

CARRIED UNANIMOUSLY